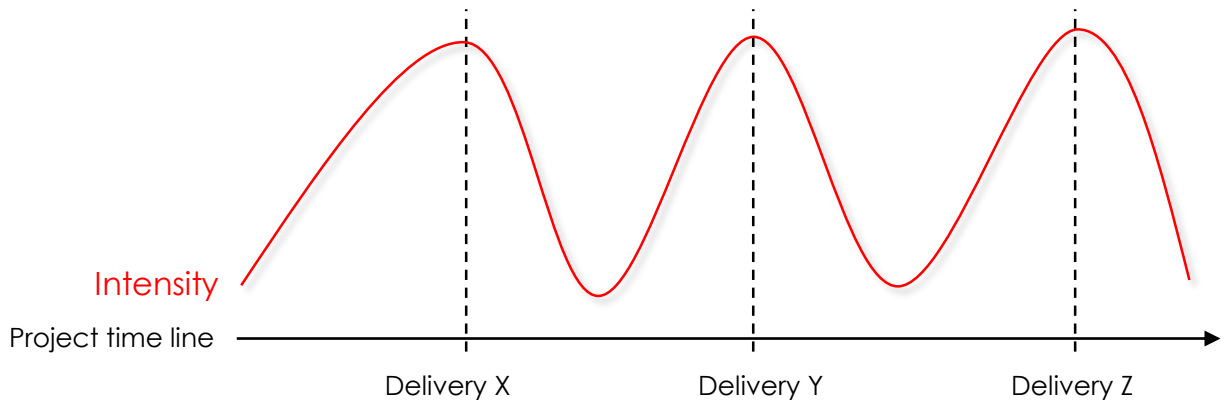


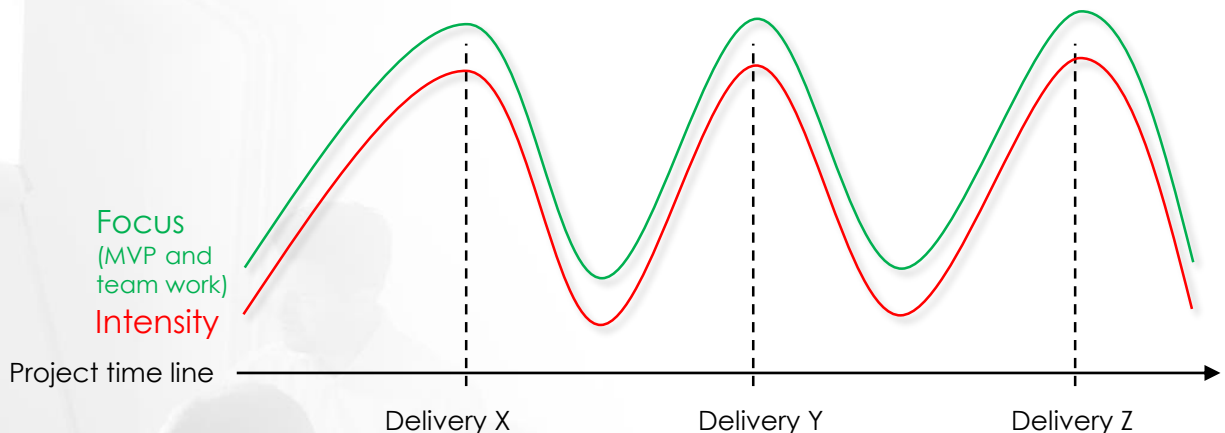
Project Intensity Management

Reduce stress, by knowing when there is high intensity in a project and what to focus on during intensity peaks.

Just being aware of how the intensity looks like in a project can help the project team to reduce stress. This is usually how it looks:



By knowing when to handle the intensity will also help remove stress from the team. Different project has different way of managing intensity. Here's an example of how a project team handles intensity by putting more focus on minimum viable product and team work:



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